



Licensed Brain Gym® Instructor Re-Licensure Requirements

48 Credits Required Every Four Years

- 24 Credits **must come** from the Brain Gym® Curriculum: includes Brain Gym® curriculum courses, annual conferences, faculty updates, forums, and annual conference recordings as available.
- 24 Credits can come from either the Brain Gym Curriculum **or** from 7 Alternative Credit Categories (**maximum 12 credits per category**):



Category	Title	Max Credit Allowed	Notes	
1	Public Service	12	Share the BG work as a volunteer to those who cannot afford the usual services	
2	Volunteer	12	Serve on the Board, Committee, or Special Project; Translate materials; Mentor (upon approved guidelines)	
3	Teach or Sponsor	12	Teach BG101 or Sponsor Courses (2/course)	
4	Complementary Coursework	12	Complementary programs are those that support and/or align with the Brain Gym program.	
	Pre-approved		<ul style="list-style-type: none"> • Bal-A-Vis-X • Touch For Health • Education Through Music • Rhythmic Movement Training International (RMTI) • Feldenkrais • Remanlay Acureflex Integration (RAI) • CranioSacral • Movement Based Learning • Qinesiology • Movement and Mindfulness Curriculum Certification • Masgutova Method (MNRI) • Blomberg Rhythmic Movement Training (BRMT): Levels 1-3 only 	
	One-time approval		contact us for more information	
5	Special Events	12	Attend and/or present at local Brain Gym days/ Annual Conference; Attend and/or present at other conferences	
6	Professional Development	12	Attend courses that increase Business/ Professional Skills; Participate in study groups/ network meetings; Complete book reports relevant to Edu-K	
7	Other	12	Develop a course or product; Conduct research on kinesiology-based approaches; Publish an article about Edu-K	